



## Win in Maths

The online session titled: 'Win in Maths' in which students of classes IV & V along with their teachers participated, began with the Facilitator Mr. Minoo Jokhi performing mathematical calculations with great speed and ease. He then went on to talk about the difference between a trained and an untrained memory stating that by training the memory one could easily master several operations in mathematics and overcome the fear of Maths. Simple ways of learning the tables (which form the backbone of Mathematics) were then demonstrated by Mr. Jokhi. He also gave tips on making the multiplication of large numbers simple.

Mr. Jokhi showed the children the easy way to learn tables. The facilitator then went on to speak about memory-enhancing techniques.

He also highlighted the importance of exercising regularly and suggested performing the Yoga exercise- Brahma Mudra as a means of keeping our memory sharp. Students enthusiastically performed the exercise as was demonstrated by Mr. Jokhi.

The session on the whole has, to a large extent, developed in the participating students of class IV & V a fondness for mathematics.

